

Parent/Child & Youth Aquatics Programs — * Fall II 2010 * November 1 - December 18, 2010 (6 week session)

Learn-to-Swim - American Red Cross (r.09)

The goal of our Aquatics programs is to help students feel comfortable in the water and to enjoy the water safely. We offer classes for ages six months and up. Swim lessons are included at no additional cost for those members whose children are on their membership.

- ◆ These are progressive Learn-to-Swim classes.
- ◆ Lessons are once a week for 40 minutes, except for Parent/Child and Pre-School lessons, which are for 30 minutes.
- ◆ For Baby Bubblers and Puddlejumpers classes, it is required for at least **one parent or guardian to participate in the water with each child** registered.
- ◆ **Once the class has started**, we cannot add additional children to that class, especially if instructor to student ratios have already been met.
- ◆ Parents with children 7 years or older may leave the aquatics area when your child is in the water with the instructor. Parents must remain within the facility during swimming lessons.
- ◆ If parents remain on the deck during the lesson we ask that you sit on the patio furniture located at both ends of the pool.
- ◆ Swim diapers are required for those children not potty trained.
- ◆ Children must be at least **3 yrs old** to enroll in Rootin' Tootin' Toddlers, at least **4 yrs old** to enroll in Preschool Paddlers, and at least **6 yrs old** to enroll in Level 2 and 3, at least **7 yrs old** for Level 4, and at least **8 yrs old** for Level 5.

Main Pool Closed:

To ensure the quality of our Aquatics programming and to minimize distractions for our students, sections of or the entire Aquatics Center may be closed due to swimming lessons. Please check with the Aquatics Center Lifeguards for closure information on:

- ◆ Mondays from 4:45pm - 5:30pm
- ◆ Tuesdays from 9:15am - 10:20am & 5:00pm - 7:30pm
- ◆ Wednesdays from 4:45pm - 5:30pm
- ◆ Thursdays from 5:00pm - 7:30pm
- ◆ Saturdays from 9:15am - 10:30am

If you are not sure what level to enroll your child in, please contact **Scott L. at (605) 323-6964**.

Registration:

- ◆ Registration for the Fall II 2010 Session begins Saturday, October 23, 2010 from 7:30am to 9:30am. Enrollment is based on a first come, first served system.
- ◆ The registration deadline is Monday, October 25th at 9:45pm.
- ◆ Please bring your family membership verification form to registration. These forms may be obtained at the Member Services Desk up to one week prior to registration.
- ◆ If a class is full, you will be placed on a waiting list. You will be notified **before the first class** if an opening becomes available. If placed on a waiting list and no opening becomes available, the **first three members** on the waiting list will be automatically enrolled in the same class for the Winter 2011 session. Class dates and times may vary for various sessions.
- ◆ We require each member that comes to Family Wellness to present their ID card at Member Services to gain access to the facility.

Enrollment:

Each class must have five children to offer the class.

- ◆ Parent -Child class ratios are 1:8
- ◆ Toddlers and Pre-School ratios are 1:6
- ◆ Level II - III ratios are 1:8
- ◆ Level IV - Level V ratios are 1:9

Attendance:

Attendance is a very important part of the learning process.

- ◆ Fall II 2010 Session is a six week session - you will be allowed to **miss one class only!** Must repeat session if requirements are not met.

Photo Time:

We invite parents on the last day of class to bring their camera and take some photos.

Make-ups:

We realize that schedules change and opportunities arise that may cause you or your child to miss classes. However, Family Wellness **does not allow make-ups** for missed classes.

All classes are held in accordance with American Red Cross guidelines. Students must be able to demonstrate all of the skills at a given level in order to advance to the next level. Please retain your child's certificate of completion for verification during registration session.

- ◆ Instructors reserve the right to **move children to another level** if child **lacks or exceeds** the requirements for that level.

Family Wellness Aquatics Programs * Fall II 2010 *

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Class Names	Ages	Min/Max	Time	Location	Day	Member Fee
Water Play Time	3 - 5 years	5/10	5:45pm - 6:30pm	Pool	M	N/C
Water Play Time	3 - 5 years	5/10	5:45pm - 6:30pm	Pool	W	N/C
Baby Bubblers	6-18 months	4/8	9:50am 10:20am	Pool	T	N/C
Baby Bubblers	6-18 months	4/8	5:50pm - 6:20pm	Pool	TH	N/C
Puddlejumpers	19-36 months	4/8	9:50am - 10:20am	Pool	T	N/C
Puddlejumpers	19-36 months	4/8	6:40pm - 7:10pm	Pool	T	N/C
Rootin' Tootin' Toddlers	3-4 years	5/6	4:45pm - 5:15pm	Pool	M	N/C
Rootin' Tootin' Toddlers	3-4 years	5/6	9:15am - 9:45am	Pool	T	N/C
Rootin' Tootin' Toddlers	3-4 years	5/6	5:00pm - 5:30pm	Pool	T	N/C
Rootin' Tootin' Toddlers	3-4 years	5/6	5:50pm - 6:20pm	Pool	T	N/C
Rootin' Tootin' Toddlers	3-4 years	5/6	4:45pm - 5:15pm	Pool	W	N/C
Rootin' Tootin' Toddlers	3-4 years	5/6	5:00pm - 5:30pm	Pool	TH	N/C
Rootin' Tootin' Toddlers	3-4 years	5/6	9:00am - 9:30am	Pool	SAT	N/C
Preschool Paddlers	4-5 years	5/6	5:00pm - 5:30pm	Pool	T	N/C
Preschool Paddlers	4-5 years	5/6	5:50pm - 6:20pm	Pool	T	N/C
Preschool Paddlers	4-5 years	5/6	6:40pm - 7:10pm	Pool	T	N/C
Preschool Paddlers	4-5 years	5/6	5:00pm - 5:30pm	Pool	TH	N/C
Preschool Paddlers	4-5 years	5/6	5:50pm - 6:20pm	Pool	TH	N/C
Preschool Paddlers	4-5 years	5/6	9:50am - 10:20am	Pool	SAT	N/C
Level II	6 & up	6/8	4:45pm - 5:25pm	Pool	M	N/C
Level II	6 & up	6/8	5:00pm - 5:40pm	Pool	T	N/C
Level II	6 & up	6/8	6:40pm - 7:20pm	Pool	T	N/C
Level II	6 & up	6/8	5:00pm - 5:40pm	Pool	TH	N/C
Level II	6 & up	6/8	9:00am - 9:40am	Pool	SAT	N/C
Level III	6 & up	6/8	5:50pm - 6:30pm	Pool	T	N/C
Level III	6 & up	6/8	6:40pm - 7:20pm	Pool	T	N/C
Level III	6 & up	6/8	4:45pm - 5:25pm	Pool	W	N/C
Level III	6 & up	6/8	5:50pm - 6:30pm	Pool	TH	N/C
Level III	6 & up	6/8	9:50am - 10:30am	Pool	SAT	N/C
Level IV	7 & up	6/9	5:00pm - 5:40pm	Pool	T	N/C
Level IV	7 & up	6/9	5:50pm - 6:30pm	Pool	TH	N/C
Level IV	7 & up	6/9	9:00am - 9:40am	Pool	SAT	N/C
Level V	8 & up	6/9	5:50pm - 6:30am	Pool	T	N/C
Level V	8 & up	6/9	5:00pm - 5:40pm	Pool	TH	N/C
Level V	8 & up	6/9	9:50am - 10:30am	Pool	SAT	N/C